A Guide to CTAS Professional Development

National Quality Area 1—Educational program and practice

Child Protection
In this session we will cover types of child abuse, indicators, protective strategies and reporting procedures. Participants should be aware that the session content is sensitive and may be confronting, however, it is extremely important that early childhood educators have the skills and knowledge to deal with child protection issues should they arise.

Developing and Building on a QIP
A QIP is a living working document, in this session we will delve into developing one and how to constantly build and enhance on it. The session will examine what is critical reflection, a skill necessary for an evolving QIP. We will look at strategies to include input from children, families and the community.

Using Role Play, Dance and Music in the Early Years—Hands On
Do you enjoy doing role-playing, dancing and music with the children in your room during the day or at mat sessions, or does it make you nervous? This session examines at the importance of drama, dance and music in the early years, and how to embed these into your planning and curriculum, everyday play, and environment set-up. We look at how to use everyday items to spark role-play, how songs make us feel, and we make music with our bodies. So whether you are just starting out, or need some new ideas, this workshop is for you!

Child Protection : School Aged Children
In this session we will cover the types of child abuse, some of the indicators which may assist you to identify an at risk child, strategies that you can teach children to help them keep themselves safe and the reporting procedures. We will also look at the important subject of grooming and cyber-safety. Participants should be aware that the session content is sensitive and may be confronting, however, it is extremely important that educators caring for school-aged children have the skills and knowledge to deal with child protection issues should they arise.

Embedding Math and Science in to Everyday— Hands On
This is a very hands-on workshop; you will be learning about maths and science through play and experimenting. Discover how much Maths and Science is embedded in everyday play and life activities, and how you can enhance this. The workshop will also look at strategies to use and resources for maths and science learning.

Play and Literacy
How can we use play to support literacy development in the early years? This workshop looks at how play and literacy are related, how you can set up your environment to encourage children’s literacy, and what your role is, as an educator, in supporting children’s literacy development.

EYLF
Suitable for educators working with children aged 0-5 years. An exploration of the Early Years Learning Framework including unpacking Belonging, Being, Becoming, the Principles, Practices and Learning Outcomes and tips on implementing the EYLF in your service.

Documentation
Can’t get your head around documentation? Need ideas to help make learning more visible? This workshop will explore the documentation cycle, look at thinking outside of the box when it comes to documentation and how to share documentation with children and families.

Using Technology with Children
Do you need assistance with using technology meaningfully and effectively in your service? This workshop looks at the way that technology fits with how children learn, how to integrate technology into your program and what to look for when selecting apps.

The Planning Cycle: Observations and Curriculum
This workshop will take you right through the planning cycle, from observing, questioning, planning, acting on the information, and the reflecting. It will look at different observation techniques, and how to use the information you have gathered to make judgements on what happens next. Available for in-service February 2017

Intentional Teaching
What is intentional teaching? What does intentional teaching look like? What are some intentional teaching strategies? We look at the answers to these questions and talk about examples of ways to set up the environment for intentional teaching.

Let’s Get Creative - Hands On
This fun and hands-on workshop looks at understanding the importance of creative thinking and how to encourage it in children, exploring open-ended play to encourage creative thinking, discovering the difference between art and craft, and investigating practical ways of enhancing creativity in child and adult instigated ways.

Reflective Practices
This session will determine what constitutes reflective practice for educators and how it can be used to continuously improve events and experiences for children. You will also explore how to be a critical thinker.

Reduce, Reuse, Recycle: Sustainability for Children - Hands On
In this workshop we will look at what sustainability is, how to embed sustainability into your practices, make sustainability more meaningful for children and give you lots of hands-on ideas and inspiration about how you can be sustainable in your service and with children. Available for in-service mid June 2017
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National Quality Area 2—Children’s health and safety

Workplace Health and Safety
This session covers emergencies, hygiene practices, infection control, manual handling and more.

Nutrition and Menu Planning
This session explores the Healthy Eating Guidelines and how to meet the Australian Dietary Guidelines. It looks at the challenges of meeting a budget and dealing with allergies and special diets. This is a great workshop for all the food coordinators in early childhood services.

National Quality Area 3—Physical environment

Creating Learning Environments
This session explores creating stimulating play spaces and discusses their purpose and importance. It will examine how relationships impact the learning environment and will provide opportunities to reflect on current practices.

Supportive Natural Environments
Nature is a fantastic resource for educators and children, how can we include natural elements indoors and outdoors in a meaningful way? Learn the benefits of nature based play for children and gain some practical ideas and applications.

Effective Curriculum Planning
This workshop aims to assist educators to be able to confidently implement and display a weekly program for their room. We will unpack the planning cycle and develop strategies to be more reflective about our practice.

National Quality Area 4—Staffing and arrangements

Managing Stress and Mindfulness
Work-place related stress can affect your physical and emotional health. We will look at what can cause stress, the symptoms, and how your stress may impact on the children in your care. We will explore the use of a variety of strategies, including mindfulness to manage and decrease your work-place stress. We will also learn some techniques to support children who are stressed.

Supporting Children’s Behaviour
This session will explore the possible causes for children’s challenging behaviour. It will provide some practical ideas for preventing behaviour issues and a variety of strategies to use in guiding children’s behaviours. It will also assist in developing a Behaviour Guidance Plan.

Supporting Children’s Behaviour in the School Aged Care Setting
This session will explore the possible causes for school aged children’s challenging behaviour. provide some practical ideas for preventing behaviour issues and a variety of strategies to use in guiding children’s behaviours. The workshop will look at some common behaviour issues that you face each day and work together to look for some possible solutions. We will touch on developing a Behaviour Guidance Plan.

EYLF- Responsiveness to Children
One of the eight EYLF practices that promote children’s learning we need to pay special attention to, is our responsiveness to children. What does this mean for you? How do you do this each day? How does it look in your service?

Building Emotionally Resilient Children
We will look at how brain development affects emotional development, strategies to support children to cope with strong emotions, and ways that we can assist to build children’s confidence, self-esteem and resilience. Available for in-service mid April 2017

National Quality Area 5—Relationships with children

Enriching Babies’ Learning
How important are the relationships you have with the babies in your care? How can you create supportive interactions with babies? What does an enriching environment for babies look like? What experiences and resources do babies need? This session will work through how to enrich the environment, appropriate caregiving strategies, interactions and experiences to support learning in the 0-2 years age group.

Enriching Toddlers’ Learning
Do you want more strategies to help you care for the toddlers in your room? Do you know the ways in which toddlers learn? Do you need more ideas for supporting toddlers learning in language and literacy, thinking skills, self-control and self-confidence? Then this is the workshop for you!

Enriching Kindys’ Learning
What are our priorities and emphasise in this age group? How are you supporting children getting ready for the transition to school? In this session we will look at the role of the educator, enriching the learning environment, and how to provide quality programs for the 3-5 year old age group.

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National Quality Area 6—Collaborative with families and Community

Developing Community and Family Partnerships
Children learn and develop within the context of their family and the community around them, so how can services create a partnership with the community around them? This session will delve into building on your current family relationships, looking at what your environment says about collaborative partnerships, and some strategies and ideas to encourage families and the local community to be involved in your centre.

Available for in-service mid June 2017

Family Involvement
One of the principles of the EYLF is Partnerships with Families. How are you encouraging families to be involved with your centre? We look at respecting and valuing a family’s knowledge of their children and how to work alongside families.

Embracing Cultures in the Community
In this workshop we will discuss why diversity is an important concept in early childhood and look at communicating across cultures to find ways of understanding and honouring differences. We will explore ways to build relationships with the community around you and involve them in your service.

National Quality Area 7—Leadership and service management

Team Building
This session explores team collaboration and how to recognise each other’s roles and communicate effectively. It delves into opportunities for team building and strategies for creating a supportive team. It will cover a brief overview of conflict resolution.

Leadership
Being a leader means different things to different people, in this session we examine what it means to be a leader, how to support the staff in your team, conflict resolution, and how to make friendships work at work.

In-service Professional Development
A great way to show your staff that you value and appreciate the hard work that they do each day is to invest in their ongoing education! Educators who regularly attend professional development training become more confident, passionate and effective team members. We know that after a hard day’s work it can be difficult to encourage participants to travel for PD and that is why CTAS offer in-service workshops. A CTAS trainer will travel to your service and deliver a workshop of your choice. In-services also allow you the opportunity to choose specific topics that suit your services needs and provides the opportunity to give you a personalised training session. CTAS workshops are developed to inspire participants, enhance their knowledge and skill base and to keep services up to date with standards, requirements and “best practice”.

To book an in-service session we ask for a minimum 3 weeks notice and session dates and times are dependent on trainer availability. For further information contact the PD team on 9350 9222 or via email pdtraining@ctas.wa.edu.au

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<th>In-service workshops</th>
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